

# Toora Bungles



Volume 29 Issue 12  
September 2023

## Hosted Macquarie Group Council Meeting & CWA Chatter with Cath Waller



It was wonderful to welcome over thirty Macquarie Group Councillors to

Tooraweenah on August 31st with Councillors coming from throughout the Macquarie Region.

The Branch catered for the day and guests enjoyed a wonderful presentation from Penny Henley, *pictured right*, of Emu Logic. Their products were well received with several attendees indicating they would return to see the Emu chicks hatch.

September is going to be buisy for members, starting with International Day in Gilgandra on the 9th to learn about Associated Country Women of the World (ACWW).

Monday the 11th is our Cultural Trip to the Warren Wetlands. Guided Tour cost is \$10 with morning tea and lunch at members own cost. Please RSVP to Tanya by the 5th, via Mobile: 0428 481 041

Our CWA Awareness Day this year, will combine with our

Meeting on September 13th. This years theme will be on neurodiverse conditions. They include ADHD, autism, dyslexia and Tourette syndrome. There will be Fact Sheets to share and activities will proceed from 12.30pm with lunch and our guest speaker, Janelle Quilter, will focus on ADHD.

Members will provide Hot dishes or dessert for lunch and bring along a friend. Cost is a donation for the meal.

The final Market Day for 2023 is on Saturday the 16th at the Cooe Heritage Centre. Please Ring Denise for a stall.

Our Wednesday Sip & Sew days continue, please call in if your in Tooraweenah.

Membership subs of \$57 are also due in September, these can be direct debited to our Bendigo Bank account.

Tooraweenah Show is fast approaching on Saturday October 21st with lots of volunteers needed to support the day. Don't forget to get your entries ready for the pavillion.

*(Lots more Show news on Page 5.)*



## Tooraweenah Prime – Julie Sawley Acknowledged!



A great farewell night was held for Julie Sawley, Manager of the Co-Op who retired after 20 years working with the Directors to provide marketing and selling options to co-op members.

Sixty people attended and were treated to locally produced lamb, butchered at Coonabarabran and prepared by our local caterer Megan O'Connor.

The night was an opportunity to meet our new Manager, Amanda Cruickshank who will be a great asset to the Co-op.

It was a night of great reflection with wonderful conversations and reminiscence, meeting up with members not seen for quite some time.

The DA for the Tooraweenah Fuel Service is progressing with a traffic flow report to be completed for the Shire.

Tooraweenah Prime is now offering

Tooraweenah residence locally produced lamb, locally slaughtered at Binnaway Meat Works, butchered at Coonabarabran and delivered to Tooraweenah.

A 20 kg lamb-\$210 approx. \$10.50 kg and a 24kg lamb \$230 approx \$9.50 kg.

If you are interested contact Peter Bonham on Tel: 6825 4330 or Mobile 0428 254 330.

Cheers, Peter Bonham



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Paul 6847 2741 0429 472 741  
Tim 6889 6109 0429 843 804

Read the Toora Bungles at: <http://www.gilgandra.nsw.gov.au/Live/Your-Community>

## Please, Reach Out For Information & Support !

### NSW Government Drought Hub

[www.droughthub.nsw.gov.au](http://www.droughthub.nsw.gov.au)

### For Mental Health Information and support:

W: [www.ramph.com.au](http://www.ramph.com.au) to find the local

RAMHP Coordinator

### Rural Financial Counselling Service NSW

#### Central Region

FREE Call: 1800 940 404

Email: [ceo@rfcscr.com.au](mailto:ceo@rfcscr.com.au)

Website: [www.rfcscr.com.au](http://www.rfcscr.com.au)

### COVID 19 Help & Support

Federal Government: [www.australia.gov.au](http://www.australia.gov.au)

Coronavirus Help Line;

FREE Call 1800 020 080 or If you have symptoms

Call Health Direct FREE Call 1800 022 222

NSW State Government:

<https://preview.nsw.gov.au/covid-19> Help Line

for Businesses Impacted Tel: 13 28 46

### One Stop Drought Portal and Seasonal

#### Conditions Information

Web Site: [edis.dpi.nsw.gov.au](http://edis.dpi.nsw.gov.au). One stop Drought Portal and Seasonal Conditions Information including, rainfall, soil, moisture and plant growth.

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<https://regionaltchhub.org.au>

## Gilgandra Shire Council — Live > Enjoy > Grow

# Under The Gums >>>Get Your Tickets!

Under the Gums 2023 is set to be epic! Full of live music, food, brews, dancing and all-round good vibes!

Come along and hear from a stellar line up of music acts, including Casey Barnes, Kaylee Bell, The Buckleys, Phat Brass Band, Brad Butcher, Mickey Pye and Tameka Music, Brad Haling, Elle Flanagan, and Shane Riley!

**Saturday, 23 September 2023** @ the Gilgandra Cultural Precinct, next to the Coo-ee Heritage Centre!

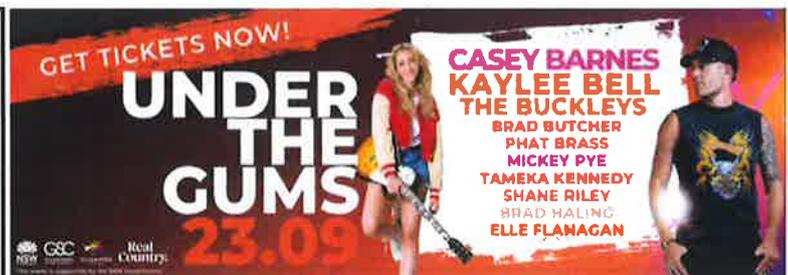
>>> GA tickets are FREE!

>>> Level Up for \$30 - get up close with our performers, your very own bar, merchandise and amenities!



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## Toora Bungles—Time to Move Forward

- \* Current Editor will move forward December 2024, happy to help maintain a Web Site
- \* Develop a WEB SITE for Tooraweenah?
- \* Is there a continuing future for the Toora Bungles?
- \* Is it time to permanently hang up the key board?
- \* Four more advertisers & Three Editors required?
- \* Continue to produce the Bungles but only put it online?
- \* Could community Groups contribute an annual fee to keep it viable?
- \* What will happen to the TCTC?
- \* August 2024 — Just one year to decide!!!
- \* Have your say — Email Editor, [gundair1@bigpond.com](mailto:gundair1@bigpond.com)

## Around The Traps ☺

### Tooraweenah LPO

The rainfall for the month of August to date (21/8/23) was 5.8mm over 1 day. A reminder that your local post office has the Gilgandra Weekly available each week.

### Tooraweenah Lions Club

Toora Lions will be having a meeting on Wednesday the 26th of September 2023, 7.00 for 7.30pm at the Mountain View Hotel, please book in with the Hotel on 6848 1017

### Community BBQs

The Tooraweenah Town Bushfire Brigade ran the community BBQs in August and the Tooraweenah-Biddon Cricket Club will be bowling us over with their culinary skills during September. Come along to have a great night out and support your local

organisations each and every Saturday night of the month.

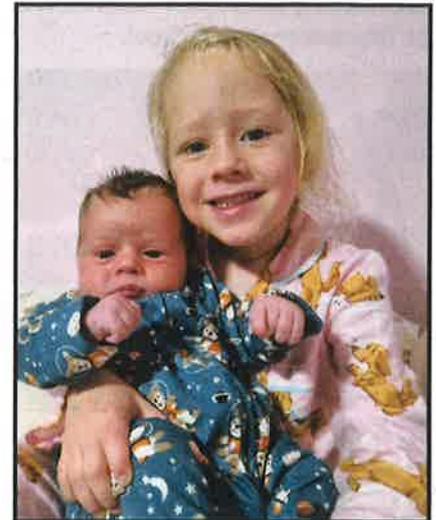
### Wanted to Buy.

Wanted to buy, a copy of the book, Gulargambone Homes and Holdings, compiled by the Gulargambone Historical society in 1992. Please contact Lester if you can assist at Tooraweenah Trading 6848 1011.

### Birth Notice

Logan Harold Harte born 26/07/23. to Dan and Nicole Harte, younger brother to Thea. Measuring at 4.12kg (9.1lbs) and 51cm. Latest grandchild for Phil and Penny Henley Tooraweenah and Lindsay and Denyse Walker (from Dubbo).

*Logan is pictured, top right, with his big sister Thea.*



## 👉 Diary Dates 2023 ☺

*Take Time out!!  
Relax and Enjoy Life!*

### September

Saturday 2, 9, 16, 23, 30  
**Community BBQ'S — 6pm**  
Toora -Biddon Cricket Club

Wednesday 13th Thursday 14th  
**Tooraweenah PA&H**  
**Yard Dog School**  
Colpa Woolshed

Saturday 23rd  
**Under The Gums**  
**Page 2 - Scan for Tickets**

**October**  
Saturday 21st  
**Tooraweenah Show**

## Tooraweenah Golf Rounds!

July saw the 3rd and final round of our Garling Shield played. With only the best 2 out of 3 rounds counted, it was a hotly contested round with everyone in for a chance at the trophy. With some very good scores coming in at the end of the day our Captain Phil Herbert narrowly came away with the win by 2 shots with Geoff Hill as the Runner up.

This round was also the first round of our Championships. With 11 starters, including 1 lady, it's the most players we have had in a fair few years play championships, which was great to see. With some good scores posted in the

first 2 rounds, it made for a competitive 3rd and final round, which saw 9 starters finish the championships off. The results were:

**Club Champion: Steve Masling**  
**A-Grade: Steve Masling**  
**B- Grade: Trent Allen**  
**Women's: Karen Poulter**  
Congratulations to all who competed.

### September Golf dates:

2nd Sep - 2p Ambrose  
9th Sep - Foursomes Championships  
16th Sep - 2p Ambrose  
23rd Sep - Mountain View Hotel  
Sponsored day - 2p Ambrose  
All games are 10:30 for an 11am tee

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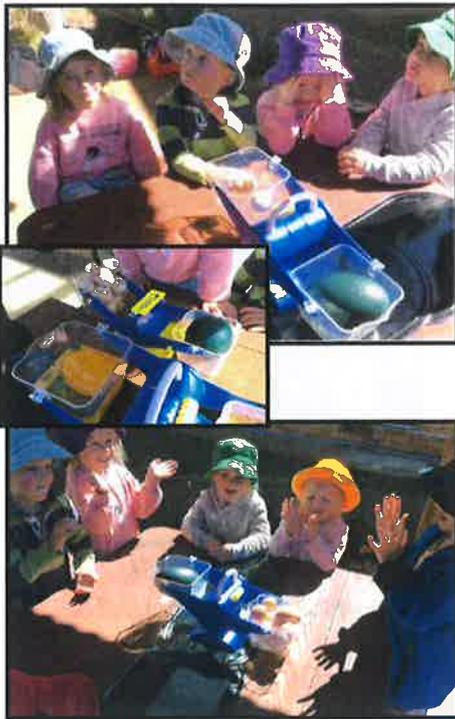
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**Tooraweenah Preschool, 'Developing Wings of Independence' Marie Gale (Jacobsen)**

**We recently celebrated "Science Week" at Tooraweenah Preschool.**



We had a great time doing fun experiments and investigations each day. Just prior to Science Week, we enjoyed working together on a measuring experience using an Emu Egg and Chicken Eggs. These created a great deal of provocations, curiosity and questions. We 'held' each egg to feel how heavy it was before putting them into the scales to see what one Emu egg would weigh compared to the chook eggs. We discovered it was the same as 12 chicken eggs, and then we cracked the emu egg open and took a good look at this large yolk, before repeating the same process with the chicken eggs: without the shells, the 12 chicken eggs were ever so slightly heavier than the emu egg.

Thanks to Thea and Miss Shannon for supplying the eggs! We continue to enjoy measuring various items with the scales, and also the measuring tapes.

During Science Week, we checked out some real shark teeth and took notice of how big and sharp they are compared to our teeth, then we used a book to research this concept further. Did you know that sharks have 7 rows of teeth and their skin makes more teeth when they lose one??

**Pictured right**, enjoying creating volcanos in the sandpit and watching them erupt. Eloise suggested we put all of the lava into one larger container to

see if it "would explode more". This theory proved correct, with the lava leaving some rather interesting "bubble" patterns on the sand where it had flowed.



The next day we decided to fly into space with a fun tea-bag rocket ship experiment. This had the children totally mesmerised, so we used as many Lipton teabags as Miss Marie had. (The other brands have a seam across the 'middle' so you can't unfold it into a 'tall, skinny rocket' after you remove the tag and staple.)

We wish Shannon Brown all the best as she has resigned from her position. The children worked as a team and created a colourful 'rainbow' poster "thank you" card for Miss Shannon. We thank our casual staff Jaimee, Miss Gina and Mrs Quilter for joining us at preschool for our fun and busy days.

We had a wonderful visit from Gulargambone Preschool on Wednesday 23<sup>rd</sup> August for a fabulous play-date



together on their way past from a visit to the Emu Farm. We hope to have them visit us again for a joint "Bush Preschool" session before the end of term. We are all looking forward to our visit to "Thea's



Emu Farm", and are quite excited about learning more about the emus, and having a picnic after saying hello to them in two weeks' time.

Our shared reading with Tooraweenah Public School students and our Bush Preschool programme have continued each week on alternate Wednesdays and Fridays. We are so very fortunate to be able to do this. Everyone enjoys our story sessions with the big school friends, and a big 'thank you' to our parent/family helpers for joining us on our Bush Preschool fun down at the Tooraweenah Creek. We have been noticing some changes in our close environment also with the trees and gardens as we head into spring.

**Preschool friends have been very busy getting ready for Father's Day with lots of hard work and effort going into each individual child's gift. There has been quite a few steps involved so it has taken us several weeks to complete this 'project'. Our Dad's will love it! We wish all of the Dads, Grandfather's and other important and significant men in our lives a very Happy Father's Day for the 3<sup>rd</sup> of September. Enjoy!**



**Pictured Above**, fun with Golf Ball painting. Ryder and Charlie getting their paper ready as Eloise and Hannah have fun Golf Ball painting.

**Pictured below**; Ben & Charlie at the buisy table



## Fence Sitters Welcome 13th & 14th September Working Dog School.



September 13th and 14th are the dates set for Tooraweenah Show Societies second working dog school for 2023.

With only 2 weeks to go, the Gary White run School, is fully booked, and while there are no more spots available at this sitting, anyone who is interested in what is involved in properly training a working dog is more than welcome to come and sit in, as fence sitters.

While not getting the benefit of being able to work your own dog under the watchful eye of Gary, fence sitting is still a very good way of learning what is involved to get the best out of your trusty four legged workmate.

Gary goes into a lot of detail in his talks on the different drills and each stage of the dogs training and then backs the talk up with demonstrations with his own champion kelpies.

(Gary White has won the Australian National Kelpie Utility Championship multiple times.)

Attendees then get to work their own dogs, starting with basic balancing up the dog, to a few quiet sheep, in a controlled round yard and progressing to harder drills in the bigger setting of a paddock near the yards.

Gary explains and shows drills to teach the dogs sides, a proper stop, left and right casts, how to teach a dog to back sheep, the list goes on.

The cost to fence sit is a \$20 donation to the show, students free, and if the first school is anything to go by there could be more fence sitters than handlers.

If anyone is interested in sitting in at the dog school, please come along, no need to book in.

**The school will start on Wednesday the 13th of September at COLPA Woolshed at 9.00am. Tooraweenah Lions Club will provide lunch.**

Happy Mustering.  
Brendan Butler  
Oakfield Kelpies



## Tooraweenah Show – Only, 7 Weeks Away – Bingo Fundraiser Brings Joy!



The Tooraweenah PA&H Association is a buzz with activity with only 7 weeks to the show.

Yard dog trials will be a feature, along with the horse ring, Rodeo thrills, locals shine in the Margaret Mockler Pavilion. (I hope everyone is getting their entries ready).

We will again have guess the weight of the Fat Sheep and amazing local organisations with a variety of food to feed everyone all day, plus a bar to keep you hydrated in the afternoon.

**This year the entertainment is for young and old. Pooka the Clown, will be doing magic tricks and balloon twisting. We have jumping castles from Mackie**

**Entertainment and for the first time at Tooraweenah Show we will have Mechanical Bull Rides.**

The Bingo night on August 25th, was a great success with around 25 people attending to raise funds for our Rodeo. Well done to Brooke and Cheryl for organising a great night, filled with lots of laughs and lots of bingos.!

Thanks to all the people who donated prizes, your generosity helped make the night a great success. Check out our Facebook page Tooraweenah PA&H Association for a full list of Sponsors and photos from the night.

The major prize of a BBQ, which was donated by Mitre 10 in Gilgandra was

won by Nick Gale, *pictured below.*

If you or your family were thinking about becoming members, it isn't too late. Membership gives you 2 tickets per member, or a family membership ticket for yourself and all children under 18 plus a show schedule. If you would like to become a member, please contact Kristy Gale on Mobile 0429 780 323.

**We would like to thank all our generous sponsors across all the Show events, without your continued support the Tooraweenah Show would not be able to run.**

We look forward to seeing everyone in October.

Kristy Gale, Secretary/Publicity  
Mobile: 0429 780 323  
Email: [toorashow@gmail.com](mailto:toorashow@gmail.com)



**Local Team — Jo's Jalopy Raising Funds For Cancer Research Driving a Shitbox!**

After surviving their first Shitbox rally in March this year, Jo and Joe Miller, team Jo's Jalopy, are saddling up to take on the Autumn Shitbox rally in April 2024. This will see them driving their trusty 1997 Mitsubishi Triton 2WD Ute, with over 460,000km on the clock, from Adelaide, SA to Perth, WA via Uluru, NT.

*What is a Shitbox rally?*

It is a challenge to drive a car worth \$1500 or less across some of the most formidable roads across Australia. All cars must be 2WD which only adds to the excitement! Each rally has around 250 teams (of 2 people) registered along with support teams totaling around 550 people. The routes are a mixture of sealed and unsealed, usually taking the most scenic drive to the destination. The rally takes place over 7 days with the option of auctioning off your car at the end with all proceeds being donated to the Cancer Council.

To participate in the rally each team must raise a minimum of \$5000 in the lead up to their rally. Any money raised over and above the \$5000 is a bonus and helps boost the total funds raised for the Cancer Council. The rally Jo and Joe participated in earlier this year from Rockhampton, QLD to Hobart, TAS raised \$2.06 million for the Cancer Council.

So, between now and April 2024 Jo and Joe will be working to raise funds for the rally and will have a few fundraising activities happening. For anyone that would like to know more about the Shitbox Rally and its purpose or to donate to team Jo's Jalopy you can visit their We Give fundraising page <https://autumn2024.shitboxrally.com.au/jos-jalopy> or scan the QR code.

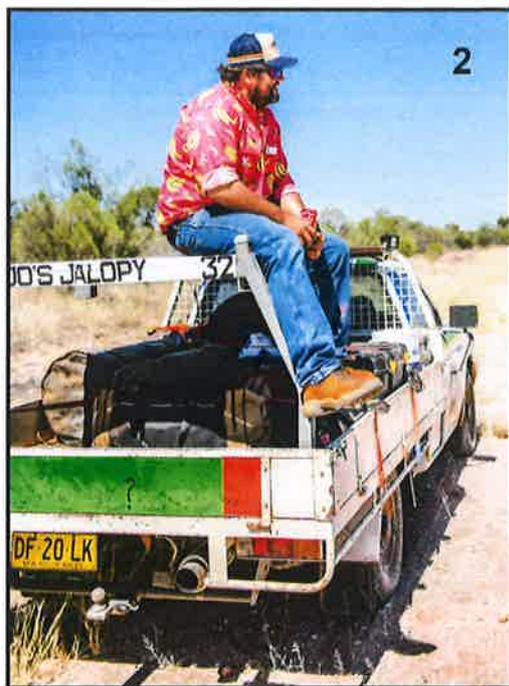
Jo and Joe did the first rally in memory of a very close friend of theirs, Austin Steer, who passed away in 2021 from bowel cancer. This time they have an ever-increasing number of reasons to do the rally and raise

funds for cancer research as just in the last couple of weeks they have had 2 close friends diagnosed with terminal cancer. We all have friends, family, neighbors and acquaintances that have been diagnosed with cancer, some of which have sadly passed away. As that number continues to grow so too does the resolve of those raising funds for research, treatment and support services for cancer patients. Please dig deep and help team Jo's Jalopy raise much needed funds for the Cancer Council to help continue funding cancer research. If you would like to get in touch with Jo and Joe regarding donations, sponsorship, in kind support or just general rally information you can email [jo@twojos.com.au](mailto:jo@twojos.com.au) or feel free to have a chat to them when you see them out and about.

You can also follow team Jo's Jalopy on Facebook to keep up with their fundraising activities and general rally antics by giving their page a like <https://www.facebook.com/JosJalopy2024ShitboxRally/>  
END

**Shitbox Image 1.** Jo and Joe feeling the cold in Tasmania in March 2023

**Shitbox Image 2.** Joe taking a break on a back road in QLD on the roof of the Jalopy



**Mountain View Hotels  
Sponsored Golf Day  
Saturday 23rd September**

**MOUNTAIN VIEW HOTEL**  
Tooraweenah N.S.W  
02 6848 1017

**2 Person Ambrose**  
9:30am for 10am Tee 9 or 18 holes

**MEETING NOTICE!**

**Arthur Butler Museum  
Annual General Meeting**

**Mountain View Hotel  
at 6.30pm  
Tuesday 12th September.**

**All new comers are  
welcome.**

**WE ARE HIRING!**

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[mvht@outlook.com.au](mailto:mvht@outlook.com.au)**

**Tooraweenah Public School with Principal Karen Smith. ....More on page 8**



Purple People Eater” and “Puff, the Magic Dragon.” Dancing to “The Nutbush” was also great fun! The Preschool performed “Where is the Green Sheep.” Our students are very fortunate to have such great support from our grandparents, parents, and broader school

from the Book Fair. There were lots of smiling faces after visiting Book Fair. \$1,264 of books were sold! Commission, promotional funds and donations translated to \$481 worth of books for the school library. As is our tradition, Years K, 1, 2 and 4 each selected a book from the Book Fair for the school library. **We are very thankful to Petria for all the time she put into hosting our Book Fair on behalf of the school in the library.**

**Grandparent’s Day**

Grandparent’s Day is always one of the highlights in our school calendar and this year was no exception. What a great way to celebrate Education Week! We love welcoming extended families and community members to our school.

This year’s Grandparent’s Day concert saw students perform the play “The Hungry Bunyip” as well as songs “The

community. We received many positive comments from visitors who enjoyed the concert, going into the classrooms, and looking at our chicken caravan & kitchen garden projects. Thank you to everyone for coming along and helping to make this day so special.

**Book Fair**

Thank you to everyone for your wonderful support in purchasing books



**Kindergarten student Billy and preschooler Ben and family enjoying Grandparents Day**

**Arthur Butler Aviation Museum**

Everything is coming together for the Arthur Butler Museum following a very successful inaugural event.

**Our AGM will be held at the Mountain View Hotel at 6.30pm Tuesday 12th September. All new comers are welcome.**

Members hope to be promoting to Aero Clubs to come and stay in Tooraweenah. There may even be an official weekend for a fly into

Tooraweenah around May 2024.

So, come along to the AGM and catch up on all the progress that has been made to establish the Museum and Aerodrome.

Support the elections for the team that will continue spearheading progress towards this unique Museum and Aerodrome that will bring fly-in and drive visitors, flocking to Tooraweenah for the experience.

**GILGANDRA GARDEN CLUB**  
*Celebrating it's 25th Anniversary*  
 Invite you to their  
**OPEN GARDEN DAY**  
 Saturday 14th October 2023  
 9:30am to 4pm  
 Entry fee \$10pp to visit all gardens  
 Tickets available at all gardens - cash only  
 Children free - Raffle (3 prizes)  
 Special dietary requirements not catered for

*The Gardens:*

- Orana Cactus World, 29 Castlereagh St
- 3 Timbara Court - Morning Tea \$5 / Lunch \$10
- 8 Christie Drive - Lunch \$10 / Plant Stall
- South Walker Drive - Morning Tea \$5
- 2 Howard Place
- 19 Barden Road
- 18 Iris Street
- 6 Wattle Crescent
- 13 Banksia Place

Donation from proceeds to be made to Gilgandra & District Education Foundation  
 For enquiries phone 0428 485 318

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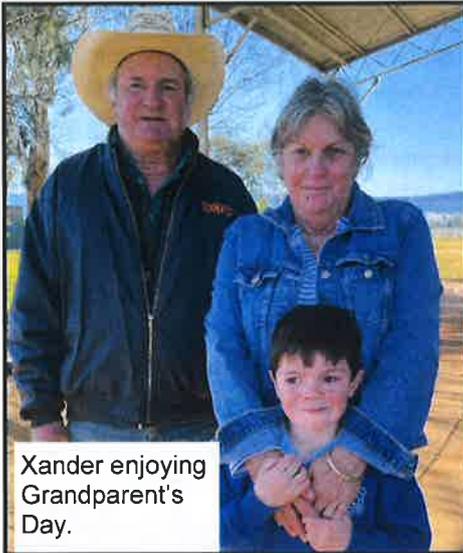
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**Tooraweenah Public School with Principal Karen Smith**



Xander enjoying Grandparent's Day.

our explicit instruction coach, to gain more insights into ways we can challenge and extend our students while supporting them in their learning. Mrs Jenkin joined the coaching sessions during the day and both teachers stayed for the professional learning session after school.

**Small Schools' Athletics Carnival**



Top, Full Team, 2nd Eliana Smith, Rose Alison, Amelia Hutchison, 3rd, Billy Larkin, Cooper Lambell, Toby Jenkin.

Congratulations to all students who participated in the Small Schools' Athletics Carnival. The teachers were impressed by the exemplary behaviour, participation and sportsmanship shown on the day. Two of our students competed in the Primary Carnival, competing in 1500m, 800m, 200m, 100m races, as well as, long jump, high jump, discus and shot put. Infant's tabloids saw novelty races, relays, and favourite games such as the parachute. We are very thankful to parents for providing transport, and to staff for supervising and assisting in the running of the carnival on the day.

Congratulations to Sam Trickey and Hamish Jenkin for placing in the following events:  
 Sam Trickey 1st discus, 3rd 10 yrs 100m, 2nd shot put  
 Hamish Jenkin 1st 8 yrs 100m, 2nd long jump, 2<sup>nd</sup> 1500m, 3rd 800m.

**Qualifiers for District Athletics**

Congratulations to Sam Trickey and Hamish Jenkin for qualifying for District Athletics in the following events. Sam and Hamish competed on Friday 25th August in Dubbo at the Dubbo District Athletics.

**Sam Trickey – 10 yrs 100m, discus and shot put. Hamish Jenkin – 8 yrs 100m**

**National Science Week- Ag@Toora**  
 During National Science Week, we celebrated by reflecting on all our achievements in Ag @ Toora and technology lessons.

We are very fortunate to have dedicated volunteers and staff who build our student's skills week-on-week in Science and Technology.

Several visitors to our school on Grandparents Day had a look at the Aeroponics kits which we have at our school until the end of the year. Many of the seeds germinated are now growing roots out the bottom of the coir and have now been placed into the tower. Students learned about how the reservoir of water needs to be tested and ph balanced and liquid fertiliser added to 'feed' the seedlings.

During the kitchen garden component of the Ag @ Toora program, Mrs Jenkin taught students how to make cauliflower fritters from cauliflowers grown in our garden. All students loved cooking and trying something new!

Our wicking garden beds have been growing well, with snow peas and lettuce the next foods to harvest and of course our chickens are continuing to thrive and lay at least a dozen eggs each day.

**Hands on Learning in Technology**

Students have been refining their visual spacial, problem solving and construction skills, during technology lessons. This month, students have been completing challenges including building a replica of a Cuisenaire statue in New Zealand, building a one metre tower, an hourglass and an upside-down tower.

**Eggs**

**Would you like a carton or two of fresh free range eggs?**

**Donations of \$5 per carton are welcome. Place your order by phoning the school or emailing**

[tooraweenah-p.school@det.nsw.edu.au](mailto:tooraweenah-p.school@det.nsw.edu.au)

**Deputy Secretary, Cathy Brennan visits**

We were honoured to receive a very special visit during Education Week from Cathy Brennan, the Department of Education's Deputy Secretary and Chris Jackson, Director Educational Leadership. It was a pleasure to show Mrs Brennan and Mr Jackson around our school and share with them some celebrations about our current programs and future goals.

**Chickens Thriving**

Our chickens are thriving in our paddock area and benefitted from the first move of the fence. We are using the movable fence to cell graze and fertilise the areas of the school paddock on rotation.

The move was a bit tricky, students having to first catch and load the chickens into the caravan, before the fence was disassembled and moved. The chickens seemed happy to go for a short ride in the chicken caravan to their new home, having laid in excess of 50 eggs since the move. Congratulations to our students for their patience, great listening skills, safety and cooperation during this team activity.

**Executive Director, Meghanne Wellard visits TPS**

We were delighted to welcome Executive Director School Performance Rural North, Mrs Meghanne Wellard and Director Educational Leadership, Chris Jackson to our school during August. Mrs Wellard has been a strong supporter of our school and readily engages with Principals in the Western Plains Network to gain understandings and support us in our day-to-day operation. Mrs Wellard attended the Western Plains Principal's Conference in Dubbo during the same week.

**John Fleming visit**

On Monday, Mrs Smith travelled to Gilgandra to meet with Mr John Fleming,

**Tooraweenah Region, Relaxed, & Enjoying Community Life!**



Catering duo, Jenny Estens and Heather Larkin did the Branch proud during the Group Council meeting



1



2



1. Bonnie, Eloise, Rose & Hamish Relay Team  
 2. Billy & Rose in the Relay  
 3. Ready to plant the Aeroponics. For the full Story check out page 8.  
 4. Eloise & Maggie playing with the animals in the stables they built.  
 5. Ryder & Charlie measuring more with the scales



4



Sue Armstrong right, and Helen Oates left, presented Tooraweenah CWA President Cath Waller with a Certificate of Appreciation, to acknowledge branch members support of the Gilgandra Film Festival



5



**Community Bus offering a personalised service leaving Tooraweenah 10.30am. Returns from Gilgandra at 2pm**

Cost \$15

**Schedule for 2023:**

**Please ring to check and book 6817 8750 - THANK YOU.**

Usually, the second and fourth Tuesdays of the month



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6847 1502

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### MENTAL WELLBEING

#### Depression

*It's not a matter of just being tougher or more resilient ... you're in strife and you can be helped*

www.beyondblue.org.au or  
Phone: 1300 224 636  
youthbeyondblue.com  
1300 22 4636

**Anxiety Disorder Information:**  
1300 794 992

**Mental Health Information**  
1300 794 991

### Mental Health Line

1800 011 511—24 Hour access

Lifeline: 13 11 14  
Men's Line Australia  
1300 789 978  
Kids Help Line  
1800 55 1800  
Domestic Violence  
1800 656 463  
Alcohol & Drug Info Service  
1800 422 599  
Suicide Call Back Service  
1300 659 467

*You got this*  
**MATE.**

**Checkout this website!**  
[www.yougotthismate.com.au](http://www.yougotthismate.com.au)

It provides tips and info to help rural men reach their best possible mental health and info you need to help you be the best possible support for a loved one who is experiencing tough times!

### Veterinarian

#### Nadine Allan BVSc Hons

Will visit Tooraweenah second Tuesday each month

Phone 6847 1129 for appointment

Gilgandra Veterinary Clinic  
2 Enterprise Drive  
GILGANDRA NSW 2827

Mobile: 0427 471 129

## FOR HIRE

### Cool Room

Contact  
Geoff or Bev Pike

6848 1190

RICHARD MURPHY  
Ph: (02) 6842 2495

### ROBERT WALLER

'Bob's Plant Hire'

Phone  
6848 3514  
Mobile  
0423 281 691

Need contour banks, roads or small dams?

Contact Robert

### Ovarian Cancer Australia

Our vision is to save lives and ensure that no woman with ovarian cancer walks alone.

Help Line: 1300 660 3345

### CTC@Tooraweenah

We are CLOSED to the public until further notice  
Ph. 6848 1154

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