

## Barry Chandler, Tooraweenah Lions Club Senior Citizen



### Senior Citizen of the Year for 2023!

Barry has been a valued member (and friend) of the Tooraweenah community, having lived here all his life. From his involvement in many local community groups, events and donations and support - from fat lambs, to ticket sales, Chairman to committee member.

Barry has been involved in the Tooraweenah Show, ANZAC Day Committee and supported many local groups including the Golf Club and Endurance Ride.

.....*More story page 7*

This month we give a big congratulations to Mr Barry Chandler, the Tooraweenah Lions

## Check These Out!

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## ANZAC Day 2023 Tooraweenah Service

Tooraweenah Memorial Hall  
Tuesday, 25th April  
Service begins at 11.00 a.m.

The ANZAC Day guest speakers are  
**Allen Hunt & Ros Zell**

Individuals and organisations are encouraged to participate by laying a wreath on the day.

Tooraweenah Pre-School will sell lunches and refreshments will be available from the Mountain View Hotel

"Thank you for your support"  
Tooraweenah ANZAC Day Committee



## Belinda Estens — Honoured



Pictured is Belinda Estens, she was recently honoured in the Honour Roll of Australian Hidden Treasures.

Belinda, is a jack of all trades at the Rural Fire Service control Centre in Tamworth. She has a simple message that she wishes to pass on to readers, the importance of volunteering.

Belinda grew up in Tooraweenah, seeing her Dad, Brian Estens Captain the local Tooraweenah brigade. **Belinda now volunteers as a firefighter, Airbase Manager and Community Engagement Officer. Clocking up over 20 years volunteering in the Rural Fire Service.**

She just loves being out there and helping the community. "you don't need to be paid to do these things"

Belinda travels across the Tamworth region, visiting schools and communities affected by fire to help promote improved safety and preparation messaging.

"We like to take the program to areas that have been affected and see how the kids dealt with it and their families," she said. It's all about engaging, and getting those messages out there."

**Congratulations Belinda on your wonderful volunteering spirit, you are truly an Australian Hidden Treasure.**



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Tim 6889 6109	0429 843 804
Colin 6884 3802	0429 843 802

## Please, Reach Out For Information & Support !

### NSW Government Drought Hub

[www.droughthub.nsw.gov.au](http://www.droughthub.nsw.gov.au)

**For Mental Health Information and support;**

W: [www.ramph.com.au](http://www.ramph.com.au) to find the local RAMHP Coordinator

### Rural Financial Counselling Service NSW Central Region

FREE Call: 1800 940 404

Email: [ceo@rfcscr.com.au](mailto:ceo@rfcscr.com.au)

Website: [www.rfcscr.com.au](http://www.rfcscr.com.au)

### COVID 19 Help & Support

Federal Government:

[www.australia.gov.au](http://www.australia.gov.au)

Coronavirus Help Line;

FREE Call 1800 020 080 or If you have symptoms

Call Health Direct

FREE Call 1800 022 222

NSW State Government:

<https://preview.nsw.gov.au/covid-19>

Help Line for Businesses Impacted

Tel: 13 28 46

### One Stop Drought Portal and Seasonal Conditions Information

Web Site: [edis.dpi.nsw.gov.au](http://edis.dpi.nsw.gov.au).

One stop Drought Portal and Seasonal Conditions Information including, rainfall, soil, moisture and plant growth.

**Well worth a look!**

### Seniors Rights Service

Free and confidential. Your side, your say. Seniors Rights Service works for you.

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### National Debt Helpline

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## Gilgandra Shire Council — *Live > Enjoy > Grow*

### OFFICIAL CELEBRATIONS CHC

On March 3, 2023 artists, volunteers, stockists, Councillors, staff and locals joined Minister Ben Franklin to celebrate a major milestone in the Gilgandra Cultural Precinct project – upgrades to the Coe-ee Heritage Centre! Read the full media release on Council's website!



### EXPRESSION OF INTEREST FOR PLANNING CREW

Calling for #LocalLegends to be part of this years Under the Gums Planning Crew!

Do you (or someone you know) love all things live music, street food, brews, and bringing people to our region - then we'd love to get you involved as part of this years Under the Gums Planning Crew!

If you're keen to be involved, submit your EOI's to Council's Activation and Communications team at [enjoy@gilgandra.nsw.gov.au](mailto:enjoy@gilgandra.nsw.gov.au).

### VOLUNTEERS NEEDED

Gilgandra Lifestyles is looking for more volunteers to help make a difference to our community.

Volunteers help with many jobs such as:

- + Delivering meals with Meals on Wheels
- + Providing supported shopping trips
- + Making a home visit
- + Providing community transport locally and into Dubbo
- + Admin support at the Community Care Centre

The choice is yours—how often and what way you can help out!

For more information contact Gilgandra Lifestyles on 6817 8750 or visit Gilgandra Lifestyle's website

### LOCAL ROAD & STREET INFORMATION

Road maintenance will continue on Denmire, Happy Valley, and Hillside Roads and be commencing on Ashgrove Road soon. Reconstruction will continue on Leeches Creek Road and slashing will be taking place on the Oxley and Castlereagh Highways. Heavy patching continues on Yarrandale and National Park Roads.

### SENIOR WEEK LUNCHEON

Council hosted the Seniors Luncheon, 27th February where over 70 members of the community enjoyed morning tea, and luncheon, with entertainment provided by Janet Cheal, Neil Bensley, Gilgandra Public School students, Alana Elsom and Maxine Elsom, St Joseph's students, Frances O'Neil and Barry Batten.

Congratulations go to Nan Nalder OAM, Gilgandra's Senior Citizen of the Year 2023. Nan was unable to attend the luncheon on Monday to accept her award.

Nan's daughter Suzie Foran happily accepted the award on her behalf





## Around The Traps ☺

### Tooraweenah LPO

The rainfall for the month of March to date (21/3/23) was 24.0mm over 1 day.

### Tooraweenah Lions Club

Toora Lions will be having a meeting on Wednesday the 5th of April 2023, 7.00 for 7.30pm at the Mountain View Hotel, please book in with the Hotel on 68481017 Projects for April, supervision of Students from Shellharbour volunteering in mid April, Gilgandra Show catering on Saturday 29/4/23.

### Community BBQs

The Tooraweenah CWA delighted the local community each Saturday night, during March and they are stepping aside for the Tooraweenah War Memorial Hall and Anzac day committee who will cook up a storm for the five Saturdays in April. Watch the local notice boards and facebook for the weekly menus and support another one of our local organisations.

### Anzac Day

The Tooraweenah Anzac Day committees commemoration of Anzac is going to plan, the service will be at the Tooraweenah War Memorial Hall starting at 11am on the 25<sup>th</sup> of April.

This year we will have two special guest speakers Mr Allen Hunt son of Pat Hunt of "Westella" and Mrs Ros Zell, daughter of Bert Parkes of "Bedford Park". They will be talking about growing up on the soldier settlers blocks in the Tonderburine and Bedford Park areas after WW2.

It will be a wonderful opportunity for former residents to have a reunion with other families who grew up and lived in the Tooraweenah district. A display of photos and other memorabilia will be on display at the hall on Anzac Day.

Wreath Bases are available for people to make their own wreaths for the day from Lester at Tooraweenah Trading Co. The Tooraweenah Pre School will be catering for lunch at the Mountain View Hotel after the service.

### Biggest Morning Tea

Tooraweenah Trading Co will be hosting the Biggest morning tea in front of the shop on Saturday the 27<sup>th</sup> of May from 10am.



### Mountain Side Beauty

And Massage a big thank you to the ladies who

supported the professional bra fitting and thank you to Phillipa Mitchell for coming and providing this service.

Phillipa will be returning to Gilgandra in June 2023 for 3 days, dates to be advised and appointment times in the next months Bungles.

On April 16th, 9am a Hairdresser will be at Mountain Side Beauty and Massage. You can Text or call to book M 0423 308 253. Adore Hair on Wheels on Facebook. Emma

### Social Tennis Returns

Social Tennis is set! to return to the Tooraweenah Courts each Tuesday evening from 6pm.

Get your racquets out of the cupboard, white up your tennis shoes and come to the Tennis

Club Courts in Tooraweenah each Tuesday evening. Join in the fun of a social game and help support the Tennis Club with a gold coin donation.



### Save The Date

**Gilgandra Garden Club will Celebrate its 25th Anniversary with an Open Gardens Event on Saturday 14th October 2023**  
More Detail to Come

## 👉Diary Dates 2023 ☺

*Take Time out!!  
Relax and Enjoy Life!*

## APRIL

**Saturday 1st, 8, 15, 22, 29**  
**Community BBQ'S**  
**Tooraweenah Memorial Hall**  
**ANZAC Day Committee**

**Saturday 1st**  
**Gilgandra & District Cancer**  
**Fundraiser—2 Person Ambrose**

**Tuesday 4, 11, 18, 25**  
**Social Tennis from 6pm**  
**Gold Coin Donation**

**Saturday 15 Sunday 16**  
**Tooraweenah Endurance Ride**

**Saturday 22nd**  
**Gilgandra Film Festival**

**Tuesday 25th**  
**ANZAC Day**

**May**  
**Saturday 20th**  
**Winging It Down the**  
**Castlereagh**

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## Tooraweenah Preschool, 'Developing Wings of Independence' Marie Gale (Jacobsen)



Admiring our chickens as they stretch their legs for the first time.



Chickens from the Incubator

**We have had a very exciting term learning everything we can about eggs, what lays eggs, what hatches out of eggs, how big**

**are eggs, and their colours . This interest grew and developed as we started discovering more ourselves with Miss Shannon's incubator and preschool friends placing eggs in it – and waiting 18 – 21 days – until they started hatching. We are all now very proud Mums and Dads of 16 little chickens. They are the most loved, cuddled and well-looked after chickens ever. We had them inside in a big tub of Miss Shannon's, and let them stretch their legs on a big tray. They are now big enough to stay outside in the chicken coop after a wonder around the grass and sand and a little play with us and come into preschool each day with Miss Shannon. This has been a great experience for everyone and our school friends have also shared in the fun and excitement of the baby chickens arriving.**



Joe & Eloise having a cuddle with growing chickens outside

We extended this interest further whilst waiting for our eggs to hatch by reading the story "Chickens Aren't the Only Ones". We talked about the sizes of eggs and got to compare an emu, ostrich and chicken egg together, with everyone holding them very carefully as we didn't want them to break like Humpty Dumpty did. Since then we have also conducted an 'egg growing experiment'. After passing around a different egg each day, we had to place it in water to see what would happen. Within 24 hours the eggs had hatched and we had a baby dinosaur, a unicorn and also a snake growing out of the eggs. The children were fascinated with

this and started thinking about what would happen if we took them out of the water, so we did. Over the next week (and a few super-hot days) with them on the tray, we discovered that they shrank again – from up to 16cm long to almost fitting back into their eggs. So after more discussions, measuring, investigating and thinking, the children decided to put them back in the water and watch them grow all over again! This has led us to another

investigation about volume, and understanding this further while enjoying the stories "Who Sank the Boat" and "Mr Archimedes' Bath".

**We had a fabulous time recently, at the Tooraweenah Senior Citizen's Luncheon where we told the story "The Lamington Man". We had Ally and her husband Charlie, two cats, two dogs, two sheep, and two postmen all try and catch that cheeky Lamington Man, but in the end it was the crocodile who enjoyed some 'fast food'. We loved performing on the stage for the crowd with everyone 'chasing' the Lamington Man (running on the spot) when he sang "Run, run, as fast as you can, you can't catch me, I'm the Lamington Man!" Thank you to the organisers for inviting us to perform at this function for the first time. We all enjoyed it, but were pleased to get back to our cool preschool after such a hot walk back!**

Preschool friends have loved gardening outside. They have worked as a team with teachers helping to put in a new garden area on either side the wooden walkway bridge, planting some new snow peas, after our cherry tomatoes finished, and also re-potting some plants and decorating our entrance area as we planted some hanging pots along the rails and put up some colourful and fun garden ornaments and pictures.

We have further plans for more beautification and gardens in this area. We've also played in the water trough and loved watching the coloured ice melt and create changes in the water, kept busy working in the sandpit with lots of digging and parties, as well as riding the bikes. We've even had a busy train taking friends for rides around the playground and delivering fruit



Preschool Police Officers

from our 'fruit shop' to customers along the way.

**Inside, our friends have been having lots of fun dressing up, playing the most amazing 'Police and Princesses' game with lots of action and drama, even having time for a cuppa and snack at our home-corner café. This story has developed further each day – who needs a television when we have such an exciting storyline at preschool? The dress-ups have certainly added to the children's storylines. Friends have also enjoyed playing with the farm animals and using sheep yards as well as making their own yards with the blocks and magna-tiles. And there has been even more engineering and building with the magna-tiles construction; we've had incubators, chicken coops, sheds for the cows and a very tall building all built by friends working either on their own or co-operatively with others.**



Preschool Princesses

We've enjoyed lots of singing, dancing, chatting, stories, and having fun. We celebrated Harmony Day recently and just before we return for Term 2, we will be joining our friends from Tooraweenah Public School to perform a musical item at the Tooraweenah community ANZAC Day Service. We hope to have as many preschool friends join us for this performance as we can.

**Our AGM will be held on Tuesday 4<sup>th</sup> April 2023 at 4.30pm in the room adjacent to preschool.**

We have had a wonderful term of investigating anything and everything about eggs and this has led us on to even more fun with Easter coming up. Have a lovely school holiday everyone and Happy Easter to you all!

### MEETING NOTICE

**Tooraweenah P A & H Association**

**Annual General Meeting**

**Monday 1st May 2023  
Mountain View Hotel 6pm**

**Kristy Gale — Secretary**





# GFF

## GILGANDRA FILM FESTIVAL 2023

**Gilgandra's first ever mini film festival.**

Three short Aussie documentaries, showing the lives of people from very different corners of the planet, including the local premiere of 'Warrawong - The Windy Place on the Hill', filmed on location in the Gilgandra Shire.

**What's Showing:**

Warrawong: The Windy Place on the Hill (2022)  
The Dreamlife of Georgie Stone (2022)  
Masha & Valentyna (2023)

**One night only!**

7pm, 22 April, 2023  
Gilgandra Shire Hall  
Tickets: \$25 incl. supper  
[www.gilgaff.com](http://www.gilgaff.com)



To buy tickets, watch the trailers or find out more, scan here or visit our website.

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## Arthur Butler Aviation Museum News

The Civil Aviation Safety Authority has given its approval for the Arthur Butler Aviation Museum to conduct the event for people who fly for recreation AND it has approved the admittance of the General Public to the aerodrome while the event is in progress.

The organizers have always aimed to give this event a village fair atmosphere. This means that the many Tooraweenah community organizations will have the chance to either display their products and

produce for sale, or to set up to provide refreshments to those competing or coming to look at the aeroplanes.

The organizers need two things - stallholders to create the fair atmosphere, and some people to help in keeping the fairground in order. If you fit one of these categories, please email the Museum: [arthurbutlersociety@gmail.com](mailto:arthurbutlersociety@gmail.com)

*Happy landings!  
Captain Tailskid*

## CLEARED FOR TAKEOFF

*The Winging it Down The Castlereagh air rally is a goer!*

## CWA Chatter



Branch members from Top, Jane, Janice, Sue, Bev, Tanya, Cath and Jill welcomed Gail Naiden to their luncheon for International

Women's Day — "Embrace Equity". Gail gave each member a gift, then asked everyone to earn her gift by sharing their thoughts on "Equity". Gail also shared her very personal insight into her Culture, her

art and "Equity".

Our Branch has completed a very busy Month, supporting the Community BBQ's each Saturday. A Big thank you to the community members and visitors for supporting us and to all those who organised everything, provided hot dishes, desserts and gifted time to work each Saturday.

Two person teams have also been selling tickets for the Mothers Day Raffle at IGA. each Thursday.

Thank you Anne for donating the beautiful Quilt as the main prize and there are four other gift packs. Thanks also to Tanya and Jane for helping to put these together.

Endurance Ride catering is coming up on the 15th & 16th of April and our Meeting will be on Wednesday 12th 9.30am to 10am start in our Rooms.

If anyone in the community would like to come along and learn what CWA is all about you would be most welcome.



## Lions Roar with Kathryn Larkin ..... Continues



Barry gave a lovely speech at the Tooraweenah Lions Senior Citizens luncheon where he thanked many of the local supporters and friends of himself and his family as he grew up in this district. And it is that community spirit we see given and given to.

We had very special performances by Tooraweenah Public School and Preschool! If anyone sees the 'Lamington Man' be sure to let them know! We were all very

impressed with the kites flying also! Thank you to all those involved in the luncheon, Lions members and attendees both local and afar :)

Congratulations Barry, we hope you enjoyed the deserving award and celebration!

A few events are coming up for Tooraweenah Lions with another Trivia night planned - start thinking of who your smartest friends are and get a table!

The (Un-)Changeover event is due for June

2023! With the Lions Executive staying on for another year, we aim to celebrate all things Lions, and who knows there may be a few surprises in store for the Un-Changed Exec, but anything can happen at Lions events (and we won't tell any stories ahead of time!).

Stay tuned for details on both events!

Enjoy the weather as it begins to cool and have a safe and happy Easter.

In Lions we serve,  
Kathryn.

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## Tooraweenah Golf Cub

The club kicked off the season on the 4<sup>th</sup> of March with a great role up for the 3D Butchery day which was a 9 or 18 hole 3 person Ambrose. The lucky winners were Gavin, Karen and Jason who travelled from Dubbo to enjoy a day on the Toora Golf course.

Our second day was the 11<sup>th</sup> March for the Huskers Trophy 18 hole Stroke and Geoff Hill out played all comers to take the win for the day.

On the 18<sup>th</sup> March we played a 9 Hole Chicken Run, a Chicken Run is where you play golf to win a frozen chook for your Sunday lunch and Phil Herbert was the lucky winner on this day.

**Our next competition will be the 1<sup>st</sup> of April when we will host the annual Gilgandra Cancer Fundraisers day.**

Last year saw the club raise over \$4000.00 for this worthwhile charity.

**If you have nothing to do on this day, come down to the Golf course for a fun game of golf, lunch and the auction to raise money for this worthy charity.**

And remember, these funds remain in the local community to assist those needing a helping hand while undergoing treatment and also supports the families of these people.

## Hints From the Dog House With Brendan Butler

**By the time this newsletter hits the printing press, the Tooraweenah Lions Club Working Dog School with Garry White set down for the 30th of March will have been done and dusted.**

**So, a full report and pictures will follow in next months Bungles.**

The working dog school set for the last Thursday of March is fully booked with 12 handlers and their trusty potential four

legged workmates and that many people again in fence sitters, who just want to see and hear how Garry trains and works his champion dogs. Plus, how he also sets up and guides his students and their dogs through the different stages of their dogs learning process.

Garry has been doing lots of schools all around NSW this year and regularly does schools in the USA and Europe.

**Several potential working dog handlers were booked into the dog school but had to pull out due to other commitments, so there is a possibility of running another school later in the year, so watch this space.**

Happy Mustering,

*Brendan Butler  
Oakfield Kelpies*



## News From The Mountain View !

March had the CWA cook up a storm with the community BBQ's. The meals were amazing thanks so much!

**April is the Anzac/Hall Committee firing up the BBQ.** Please support this community event as this is a big fundraiser for many organisations. Support those who support us.



What is the best way to celebrate St Patrick's?? Have an Irish man in the pub. Paul made this day such a memorable one with his amazing

banjo playing.

April is going to be jam packed!  
**We are kicking off Easter weekend Good Friday with bulk seafood!** Please book in for lunch/dinner to make sure we have enough food for everyone!

**Easter Saturday**, we have our community BBQ also a free Easter hunt from 6pm so bring all the children along.

**The Toora Team Roping** is also running this weekend and we are so happy to be proud sponsors of the weekend!

**Easter trading hours**

**Friday 12-10 (strictly no alcohol takeaway sales)**

**Sat 12-12**

**Sun 12-5**

**Monday 12-9**

**Tooraweenah Endurance Ride is running on Saturday 15 & Sunday 16 April.** We can't wait to see lots of familiar faces and new ones to our amazing town.

**Anzac Day** Tuesday 25th April, opening straight after the service to 10pm.

Lunch will be provided by the Tooraweenah Preschool with a sausage sizzle straight after the service.

Dinner— our bistro will be open 5-8.

Two up will be between 2-5

Live music 2-4 *Ashley*



### Community Bus

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**leaving Tooraweenah 10.30am.  
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**Cost \$15**

**Schedule for 2023:**

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**Usually, the second and fourth Tuesdays  
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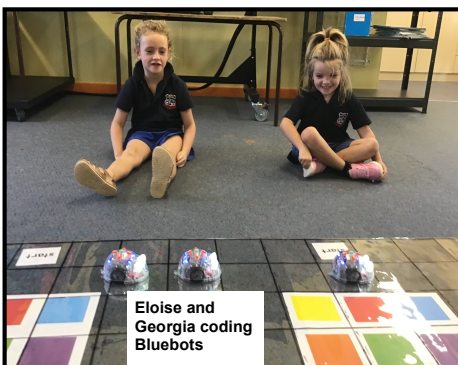
## TOORAWEEAH PUBLIC SCHOOL WITH Principal Karen Smith

### New Playground



It is fair to say that our new playground has been an absolute hit! With comments from students like "this is the best playground ever," and "I'm going to play on it every day," we couldn't be happier. It was great to see our students challenging themselves on the monkey bars, flip and chin up bars and enjoy all components of the new playground.

### Technology Fun



Eloise and Georgia coding Bluebots

Using Bluebots during technology lessons have developed student skills in position, planning and patterning as well as coding. Students have been greatly enjoying the challenges, which for Kindergarten included coding Bluebots to go to a place on the grid and then return home. The years 1/2/4 students were zoologists or biologists, travelling the world on the Bluebots (on the world map) to see endemic animals in their natural habitat. We are very thankful to Petria for leading these lessons. Another lesson involved learning to code Sphero Bolt. This spherical robot responds to coding from the Sphero Edu app. Hamish and Sam found it very challenging, trying to aim the Sphero where they wanted it to go. Sam commented, "Those little things are really cool!" Maddi, Eloise and Bonnie also found trying to aim them to go the right way, a challenge too! They all

enjoyed driving the Sphero Bolt.

### Senior Citizen's Luncheon



Our students presented items at the Lions Club Senior Citizen's St Patrick's Day Luncheon. Teachers were very proud of their amazing performance of Let's Go Fly a Kite and Wake Up. We received many positive comments from audience members. It is such a pleasure to attend and participate in these community events.

### Tennis Coaching



Students have been enjoying tennis coaching sessions with Rodney Kirk, from JSP Sport Development, at the Tooraweenah tennis courts on Tuesdays. Rodney

has been putting the students through their paces, helping to develop their tennis skills. Forehands and backhands were the focus of the first two sessions and the students have really enjoyed this whilst having fun on the tennis courts. This coaching is funded through Sporting Schools.

### Return and Earn 10c Cans

We are very thankful to the Tooraweenah Golf Club who have expressed their

willingness in collecting Return and Earn 10c cans for the school. Money raised goes directly to support our student's access to excursions and learning resources. Many thanks to the community for supporting our school by collecting these cans and bottles. Aluminium cans, plastic bottles and tetra packs with the 10c return and earn logo can be left in the wool packs at the entrance to the school car park. Due to their weight, we would like

to ask that large amounts of 10c glass bottles be left in recycling bags or boxes beside the wool packs.

### Harmony Week

Harmony Week is a time to celebrate Australian multiculturalism and is held this year from 20 to 26 March with the theme 'everyone belongs'. On Monday 27th of March we celebrated Harmony Day. Students wore some items of clothing coloured orange with their school sports uniform to celebrate Harmony Day. Students participated in Harmony Day activities including the sharing of stories and information about different cultural backgrounds, foods and traditional costumes.



Kindergarten Students Billy Larkin & Cooper Lambell Practice counting by 10



Community Bank - Gilgandra

## Making good things happen



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**Simon Blackman**

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Home: 6848 1149

## MENTAL WELLBEING

### Depression

*It's not a matter of just being tougher or more resilient ... you're in strife and you can be helped*

[www.beyondblue.org.au](http://www.beyondblue.org.au) or  
Phone: 1300 224 636  
youthbeyondblue.com  
1300 22 4636

**Anxiety Disorder Information:**  
1300 794 992

**Mental Health Information**  
1300 794 991

## Mental Health Line

1800 011 511—24 Hour access

Lifeline: 13 11 14  
**Men's Line Australia**  
1300 789 978  
**Kids Help Line**  
1800 55 1800  
**Domestic Violence**  
1800 656 463  
**Alcohol & Drug Info Service**  
1800 422 599  
**Suicide Call Back Service**  
1300 659 467



*You got this*  
**MATE.**

**Checkout this website!**  
[www.yougotthismate.com.au](http://www.yougotthismate.com.au)

It provides tips and info to help rural men reach their best possible mental health and info you need to help you be the best possible support for a loved one who is experiencing tough times!

## Veterinarian

### Nadine Allan BVSc Hons

Will visit Tooraweenah  
second Tuesday each month

**Phone 6847 1129**  
for appointment

Gilgandra Veterinary Clinic  
2 Enterprise Drive  
GILGANDRA NSW 2827

**Mobile:**  
0427 471 129

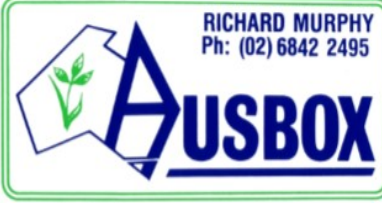


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### Cool Room

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Geoff or Bev Pike

**6848 1190**



RICHARD MURPHY  
Ph: (02) 6842 2495



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