Media Release   **01 August 2023**

Take time to say #ThanksforCaring
Aged Care Employee Day

For immediate release.

Gilgandra Lifestyles encourages the Gilgandra Region to recognise those who care for older Australians and say "thanks for caring" ahead of Aged Care Employee Day on Monday 7 August 2023.

Director of Aged Care and Disabilities, Donna Dobson says,

"We're asking our community to take a moment and think about the quiet achievers and the superheroes who provide care with professionalism, compassion and dedication for our loved ones and give them the recognition they deserve,"

"It's been a particularly challenging eighteen months for aged care workers both in residential and home care services leaving many families and friends unable to visit loved ones in care for weeks on end.

"It often fell to the carers, the nurses and other staff to make up for that loss of family contact and become that crucial connection for frail and vulnerable older Australians.

"So in the lead up to 7 August, we ask you to take time to think of the nurses, personal care workers, chefs, cleaners, gardeners, laundry staff, activities coordinators and administration staff when you next visit a loved one in aged care and say "thanks for caring".

Aged Care Employee Day will feature a #ThanksforCaring social media campaign with videos, stories and photographs that acknowledge Australia's aged care workers.

Aged Care Employee Day is a national day which is registered with awarenessdays.com and acknowledges the more than 360,000 people who care for and support around 1.3 million older Australians who receive aged care services.

Individuals, employers and community members wishing to take part can find information and resources on the ACCPA website.

Contact: Gillian Foran
          Acting Activation & Communications Manager
          gforan@gilgandra.nsw.gov.au
          6817 8800