

Gilgandra Community Services Directory

2019



Compiled as a collaborative effort by the Gilgandra Interagency Group (a Committee of Gilgandra Shire Council) as a service to the community.

Please note that every effort has been made to ensure the information in the directory is correct at the time of publication.

Please inform Gilgandra Shire Council on (02)6817 8800 or via email: council@gilgandra.nsw.gov.au if there are any details that require changing or if there are any other services you think should be included.

Reviewed February 2019

Table of Contents

Aboriginal Services	3
Carers/Disability Services	5
Centrelink	7
Community Organisations	8
Employment Services	9
Home & Community Based Support	10
Law and Order	13
Mental Health - Counselling	14
Other government Agencies	16
Youth Services	17

Version Control	
Date created:	March 2015
Date reviewed	November 2015
V3	March 2016
V4	November 2016
V5	August 2017
V6	February 2018
V7	February 2019

Aboriginal Services

ABORIGINAL EDUCATION COMMUNITY GROUPS (A.E.C.G.)

Open: Meeting monthly

Junior: Meet twice per term

Tel: (02) 6817 8798

Address: c/- Gilgandra Youth Services

Cnr Wrigley & Hall Streets

GILGANDRA NSW 2827

President: Kiaya Leonard (0428 684 212)

ABORIGINAL HOUSING OFFICE

Tel: (02) 6841 9100

Fax: (02) 6841 9199

Address: Suite 3, 65-67 Church Street

DUBBO NSW 2830

ABORIGINAL INTENSIVE FAMILY SUPPORT SERVICE – BURNSIDE

Operating Hours: Mon-Fri, 9am-5pm

Tel: (02) 6885 2353

Fax: (02) 6885 2151

Address: 128 Erskine Street

DUBBO NSW 2830

Email: abeale@burnside.org.au

Email: mgray@burnside.org.au

CENTACARE - INDIGENOUS DEVELOPMENT PROGRAM

Referral and information service aimed at connecting primarily indigenous people and their families by referring and linking them to a range of mainstream and Indigenous Support Services including early childhood, education, training, employment, financial, housing, health and legal services.

Operating Hours: Tues & Thurs, 10am-4pm

GILGANDRA NSW 2827

Email: kodi@centacarebathurst.com.au

GILGANDRA LOCAL ABORIGINAL LAND COUNCIL

Tel: (02) 6847 1477

Address: 114 Warren Road

GILGANDRA NSW 2827

Email: gil.lalc@bigpond.com

ABORIGINAL MATERNAL INFANT HEALTH

The Aboriginal and Maternal Infant Health Strategy (AIMHS) provided culturally appropriate community-based midwifery care in pregnancy and postnatal up to 8 weeks. Care is provided in a partnership model by midwives and Aboriginal Health

Workers/Aboriginal Health Education Officers.

AMIHS includes community development activities that provide a holistic approach to developing the health and wellbeing of the women and families involved. The service is available on Wednesday mornings from 8.30am to 12 noon.

Tel: (02) 6880 5940

Address: Gilgandra MPS

Court Street

GILGANDRA NSW 2827

JACK TOWNEY HOSTEL

Caring for the needs of Aboriginal people in our community. Fully serviced units, 24 hours supervision, quiet relaxing environment.

Home Care packages available.

Tel: (02) 6817 8777

Fax: (02) 6817 8770

Address: 5 Stockings Crescent

GILGANDRA NSW 2827

ORANA ARTS

Aboriginal Development

- *Supporting Aboriginal artists and practitioners*
- *Providing opportunities for Aboriginal people to participate in creative activity*
- *Giving Aboriginal artists a wider audience within their own community and throughout NSW*

Mob: 0409 245 020

Email: aado@oranaarts.com

TAFE NSW – WESTERN REGION

Aboriginal Education and Training Unit

Tel: (02) 6828 6204

Mob: 0418 493 872 (Gail Simpson)

Address: 42 Arthur Street

WALGETT NSW 2832

Email: gail.simpson3@tafensw.edu.au

**WESTERN ABORIGINAL TENANTS ADVICE
AND ADVOCACY SERVICE**

Tel: (02) 6882 5435

Fax: (02) 6881 6306

Address: Suite 2, 1st Floor,
31-37 Macquarie Street

DUBBO NSW 2830

**WELLINGTON ABORIGINAL HEALTH
SERVICE (WACHS)**

Australian nurse family partnership program
(ANFPP): home visiting program for first time mums
carrying Aboriginal babies – support and
education until baby turns 2.

Tel: (02) 6882 2751

Fax: (02) 6884 7185

Address: 1/157 Brisbane St

DUBBO NSW 2830

Carers/Disability Services

BREAK THRU PEOPLE SOLUTIONS

Community participation and Transition to Work

Tel: (02) 6884 5151

Address: 136 Darling Street
DUBBO NSW 2830

CARERS NSW

Peak organisation for carers in NSW. Provide support and advice to carers through a range of specialised programs and services. Better Start (early intervention); Carer Line

Tel: (02) 6884 7200

Fax: (02) 6881 6080

Carer Line: 1800 242 636

Address: 6/46 Wingewarra Street
DUBBO NSW 2830

Email: contact@carersnsw.org.au

CARLGINDA ENTERPRISES

Operating Hours:

Tel: (02) 6817 8860

Fax: (02) 6817 8868

Address: Collison Drive

GILGANDRA NSW 2827

Email: carlginda@gilgandra.nsw.gov.au

COMMONWEALTH RESPITE AND CARELINK CENTRE

Operating Hours: Mon-Fri, 8:30am-5pm

Tel: 1800 052 222

Fax: (02) 6885 5661

Address: PO Box 1845

DUBBO NSW 2830

Email: carerespite@chcs.com.au

LIVEBETTER - ABILITY LINKS/EARLY LINKS

For people with a disability (Ability Links: 9-64yrs, Early Links: 0-9yrs), their families and carers who are not generally accessing specialist disability services. "Linkers" can help set goals and plan for the future, build confidence to achieve goals, develop and create networks for participation in the community

Address: John Street

COONABARABRAN NSW 2357

Tel: (02) 1300 227 393

Mobile: 0417 903 150 (Ability Links)

Mobile: 0419 145 132 (Early Links)

Email: Brenda.baker@livebetter.org.au

NATIONAL DISABILITY CO-ORDINATION OFFICER PROGRAM

The Australian Government's NDCO Program targets the barriers that people with disability face in successfully accessing and completing post-school education and training and subsequent employment. The program aims to improve the Co-ordination and delivery of support services to help make it easier to enrol or participate in post-school education, training and employment.

Verto Limited

Operating Hours: Mon-Fri, 8:30am-5pm

Tel: (02) 6361 5300

Mobile: 0458 489 597

Address: 21-29 William Street

ORANGE NSW 2800

Email: ndco@verto.org.au

NEWELL ADVOCACY

Represents the rights and interests of people with disabilities, represents the needs of a person, believes in the a persons privacy, dignity and confidentiality, the persons integration and participation in their local community

Linda Maidons – Co-ordinator

Operating Hours: 8.30am to 4.30pm

Tel: (02) 6792 3195

Fax: (02) 6792 4657

Mobile: 0428 923 195

PO Box 210

NARRABRI NSW 2390

Email: newell.narrabri@westnet.com

NORTHCOTT DISABILITY SERVICES

Individual and Family Support; Flexible Respite; Ageing Carer Respite; Teen-Time/Vacation Care; Community Participation; Young People in Residential Aged Care; Leisure Links

Operating Hours: Mon-Fri, 8:30am-4:30pm

Tel: (02) 6882 1099

Fax: (02) 6884 8748

Address: 6 Quinn Street

DUBBO NSW 2830

Email: laura.hayden@northcott.com.au

ORANA FAR WEST DEMENTIA RESPITE

Aims to support Carers by providing an in-home and /or out of home respite for carers of people with Dementia. This particularly includes carers on farms and in remote communities where distance prevents access to other services.

Free Call: 1800 288 300

Address: 5/47-55 Market Street

MUDGEE NSW 2850

ORANA LIVING

Tel: (02) 6817 8600

Fax: (02) 6817 8609

Address: Office Eura Street

GILGANDRA NSW 2827

ONE DOOR MENTAL HEALTH

Improving the circumstances and welfare of people living with mental illness, their relatives and carers.

Respite Services support carers of family members and friends who are affected by mental illness.

Program are flexible, innovative and can include education, recreation and one to one activities.

Tel: (02) 6882 2855

Email: dubbophams@onedoor.org.au

Centrelink

SERVICE NSW

Operating Hours: Mon-Fri, 8.30am-4pm
Tel: 6817 8788
Fax: 6847 0101
Address: 20 Miller Street
GILGANDRA NSW 2827

CENTRELINK FAX: 1300 786 102

CENTRELINK DUBBO

Operating Hours: Monday to Friday: 8:30 to 4:30
Address: 64 Wingewarra Street
DUBBO NSW 2830

CENTRELINK POSTAL ADDRESS

Centrelink
Address: Reply Paid 7800
Canberra BC ACT 2610

CENTRELINK PHONE SELF SERVICE

Tel: 13 6240

CENTRELINK PHONE REPORTING LINE

Tel: 13 3276

EMPLOYMENT SERVICES

Tel: 132 850

DISABILITY, SICKNESS AND CARERS

Tel: 13 2717

FAMILIES AND PARENTING

Tel: 13 6150

CHILD SUPPORT

Tel: 13 1272

OLDER AUSTRALIANS

Tel: 13 2300

ONLINE SERVICES SUPPORT

Tel: 132 307 (7am – 10pm Mon-Fri)
(10am – 5pm Sat-Sun)

YOUTH AND STUDENT SERVICES

Tel: 13 2490

FOR INFORMATION IN LANGUAGES OTHER THAN ENGLISH

Tel: 13 1202

INDIGENOUS CALL CENTRE

Tel: 1800 136 380

ABSTUDY

Freecall: 1800 132 317

ASSISTANCE FOR ISOLATED CHILDREN

Tel: 13 2318

ASSURANCE OF SUPPORT

Tel: 13 2850

CUSTOMER RELATIONS

Tel: 1800 050 004

DEBT RECOVERY

Tel: 13 6330

FARMER ASSISTANCE

Tel: 13 2316

FRAUD TIP OFF LINE

Tel: 13 1524

INDIGENOUS DEBT RECOVERY

Tel: 1800 138 193

INTERNATIONAL SERVICES

Tel: 13 1673

PARTICIPATION SOLUTIONS TEAM

Tel: 1300 306 325

CHILD CARE SUBSIDY

Tel: 136 150

Community Organisations

ARMATREE PROGRESS ASSOCIATION

Tel: (02) 6848 5951
Fax: (02) 6848 5905

AUSTRALIAN RED CROSS

Gilgandra Branch

Tel: (02) 6847 0214
Mob: 0427 805 771
Address: 87 Myrtle Street
GILGANDRA NSW 2827
Email: roydeidreduncan@bigpond.com.au

Eumungerie Branch

Tel: (02) 6888 1021

COUNTRY WOMEN'S ASSOCIATION

Gilgandra Evening Branch

Tel: (02) 6847 2912
Mobile: 0458 472 912
Address: PO Box 242
GILGANDRA NSW 2827

Armatree Branch

Tel: (02) 6848 3546

Collie Branch

Tel: (02) 6847 9109

Mendooran Branch

Tel: (02) 6886 1261

Tooraweenah Branch

Tel: (02) 6848 5301

LIONS CLUBS:

Gilgandra

Tel: (02) 6847 0483

Tooraweenah

Tel: (02) 6848 1048

MEN'S SHED

Phone: 6847 0877
Mobile: 0427 488 142
Secretary: Phillip Yeo

Employment Services

BREAK THRU PEOPLE SOLUTIONS

Disability Employment Service (DES)

Tel: (02) 6884 5151

Address: 136 Darling Street

DUBBO NSW 2830

JOBLINK PLUS

Operating Hours: Wed-Fri, 9am-5pm (Gilgandra), Tuesday (Gulargambone), Closed Mondays

Free Call: 1800myjoblink

Tel: (02) 6868 8300

Fax: (02) 6847 1620

Address: Shop 2, Riverview Plaza

12-14 Miller Street

GILGANDRA NSW 2827

Email: gilgandra@joblinkplus.com.au

SUREWAY EMPLOYMENT & TRAINING

Operating Hours: Thurs – Fri, 9am-5pm

Free Call: 1300 305 365

Tel: (02) 6837 5670

Address: Shop 3, Riverview Plaza

12-14 Miller Street

GILGANDRA NSW 2827

Email: SheraleePlayer@sureway.com.au (Sheralee Player)

Home & Community Based Support

BARNARDOS – BRIGHTER FUTURES

Brighter Futures Program is a voluntary targeted early intervention program designed for families encountering problems that impact on their ability to care for their children and is designed for families expecting a child or with a child aged 0-8 years old (at least one child must be 8 years or younger or the family will not be eligible). The program provides families with the necessary support and services to help prevent an escalation of the problems they are facing. Services include case management, parenting programs, home visiting and child care services.

Tel: (02) 5824 3070

Fax: (02) 6847 1565

Address: 32 Bundy Street

GILGANDRA NSW 2827

Email: gjohnson@barnardos.org.au

CATHOLIC COMMUNITY SERVICES

Tel: (02) 6881 3729

Fax: (02) 6881 6886

Address: 2 Tony McGrane Place

DUBBO NSW 2830

Email: bwilson@chs.com.au

CARERS NSW

Peak organisation for carers in NSW. Provide support and advice to carers through a range of specialised programs and services. Older parent carer program; Better Start (early intervention); Carer Line

Tel: (02) 6884 7200

Fax: (02) 6881 6080

Carer Line: 1800 242 636

Address: 6/46 Wingewarra Street

DUBBO NSW 2830

Email: contact@carersnsw.org.au

CENTACARE - INDIGENOUS DEVELOPMENT PROGRAM

Referral and information service aimed at connecting primarily indigenous people and their families by referring and linking them to a range of mainstream and Indigenous Support Services including early childhood, education, training, employment, financial, housing, health and legal services.

Operating Hours: Tues & Thurs, 9am-5pm

GILGANDRA NSW 2827

Mobile: 0438 336 437

Email: kodi@centacarebathurst.com.au

CHILD AND FAMILY HEALTH

The Child and Family Health Nurse is a registered nurse with specialised qualifications in working with parents and children providing support and education.

Child and Family Health specialise in children 0-5 years and offer a health home visit to all mothers within the first two weeks of the baby's birth.

Areas of focus include growth and development; immunisations; sleep and settling, feeding, postnatal depression, child safety and community network and resources. The service is available Mon-Fri 8.30am – 5pm.

Tel: (02) 68805940

Address: Gilgandra MPS

Court Street

GILGANDRA NSW 2827

COMMONWEALTH RESPITE & CARELINK CENTRE

Operating Hours: Mon-Fri, 8:30am-5pm

Tel: 1800 052 222

Fax: (02) 6885 5661

Address: PO Box 1845

DUBBO NSW 2830

Email: carerespite@chcs.com.au

COMMUNITY CARE

Support for the frail and frail aged, young people with disability and their carers. Manage and co-ordinate the delivery of home and community based support - Community Transport, Meals on Wheels, Social Support, In Home Respite for carers. Facilitate referrals for home care, home maintenance & modifications and case management.

Operating Hours: Mon - Fri

8.30 am-4.30pm

Tel: (02) 6817 8750

Address: 22 Miller Street

GILGANDRA NSW 2827

Email: communitycare@gilgandra.nsw.gov.au

Mobile: 0408 479 668

COOEE LODGE AGED CARE FACILITY

Respite services: 10 Bed Special Care (Dementia) Wing and 40 bed hostel, Aged Care packages

Operating Hours: Mon to Fri 8.30am to 5pm

Tel: 6817 8744

Fax: (02) 6847 2854

Address: Townsend Drive

GILGANDRA NSW 2827

Email: agedcare@gilgandra.nsw.gov.au

DUBBO NEIGHBOURHOOD CENTRE

Settlement Services (Migrants <5 yrs); DV Counselling (telephone appointments available); Assisting isolated and helpless aged persons.

Operating Hours: Mon to Fri - 8.30am to 4.00pm

Tel: (02) 6882 2100

Fax: (02) 6884 3994

Address: 1/80 Gipps Street

DUBBO NSW 2830

FAMILY & CARER MENTAL HEALTH PROGRAM - CENTACARE WILCANNIA/ FORBES

Operating Hours: Mon to Fri 9am to 5pm

Providing support for carers of people with mental illness, education and information and refer to appropriate services such as counselling and housing.

Tel: Dubbo (02) 6883 4600

Fax: (02) 6883 4699

GILGANDRA & DISTRICT CANCER FUNDRAISERS

Contact: Secretary – Margo Piggott

Tel: (02) 6847 2091

Postal Address: PO Box 68

GILGANDRA NSW 2827

GILGANDRA HOMELESSNESS & HOUSING SUPPORT

Support, advocacy and emergency accommodation for homeless people or those at risk of homelessness

Operating Hours: Mon-Fri 8am – 4pm

Address: Youth Club

Hall Street

(PO Box 23)

GILGANDRA NSW 2827

Tel: (02) 6817 8798

After Hours: **LINK2HOME (1800 152 152)**

GILGANDRA MULTI PURPOSE HEALTH SERVICE (HOSPITAL)

Community Health Nurses

Tel: (02) 6880 5900

Address: Chelmsford Ave

GILGANDRA NSW 2827

GULARGAMBONE MULTI PURPOSE HEALTH SERVICES

Tel: (02) 6825 1201

Address: Bourbah Street

GULARGAMBONE NSW 2828

HOME & COMMUNITY CARE (HACC)

Provide a range of support, resources and information services to agencies funded through the HACC Program and other organisations assisting the HACC target group.

Development Officer

Mob: 0408 500 378

Fax: (02) 6832 2809

Address: 81 Pangee Street

NYNGAN NSW 2825

Email: cheryl.burns@cw.org.au

HOME CARE SERVICE NSW

Helping frail older people and younger people with disability and their carers to live independently in their own homes. Support includes domestic assistance, personal care and respite care.

Tel: (02) 6373 2902

Tel: Rural 1300 881 144

Aboriginal: Tel: 1300 797 606

Address: Shop 4, Riverview Plaza

14 Miller Street

GILGANDRA NSW 2827

LEGAL AID

Providing FREE advice on Family Law and Civil Law problems. Visiting Hours 1st & 2nd Friday each month 9am to 11am from the Community Care Centre

Tel: (02) 6817 8750 to Book otherwise

Tel: (02) 6885 4233

Fax: (02) 6885 4240

Address: 22 Miller Street

GILGANDRA NSW 2827

MARATHON HEALTH

The patient is to be identified as Indigenous and have one or more of 5 targeted chronic diseases: diabetes; cardiovascular, respiratory, renal disease or cancer

Intake and information

Primary Health Care: Outreach services on a regular program

Chronic Disease – Diabetes educator, dietician, primary health care nurse

Early Intervention – Dietician, paediatric speech pathologist, paediatric occupational therapist, allied health assistant.

Tel: (02) 6333 2800 (Bathurst)

Tel: (02) 6826 5200 (Dubbo)

Email: allied.health@marathonhealth.com.au

NGANGANA ABORIGINAL HOME CARE

Operating Hours: Mon-Fri, 9am-4:30pm

Tel: (02) 6849 1003

Tel: (02) 6849 1006

Fax: (02) 6849 1019

Address: 86-90 John Street

COONABARABRAN NSW 2357

Email: gary.griffiths@facs.nsw.gov.au

Email: louise.hayden@facs.nsw.gov.au

ORANA FAR WEST DEMENTIA RESPITE

Aims to support Carers by providing an in-home and/or out of home respite for carers of people with Dementia. This particularly includes carers on farms and in remote communities where distance prevents access to other services.

Free Call: 1800 288 300

MUDGEES NSW 2850

ORANA LIVING – LIFE SKILL CENTRE

Day activities for persons with an intellectual disability.

Tel: (02) 6817 8600

Fax: (02) 6817 8609

Address: Eura Street

GILGANDRA NSW 2827

Email: old@gilgandra.nsw.gov.au

RURAL FINANCIAL COUNSELLING – CENTRAL WEST

Operating Hours: By Appointment

Tel: (02) 6847 1084

Fax: (02) 6847 1331

Address: 21 Warren Road,

Postal Address: PO Box 211

Gilgandra NSW 2827

Email: gilgandra@rfcs-cw.com.au

ST VINCENT DE PAUL SOCIETY

Operating Hours: Mon, Tue, Thu: 10am to 3.30pm

Wed, Fri: 10am to 1pm

Tel: (02) 6847 2089

Address: Wamboin Street

GILGANDRA NSW 2827

Conference “Hands Up” Program available

Tuesdays 10am – 12 noon

TARS – AGED CARE RIGHTS SERVICE

Advocacy for residents of Hostels, nursing homes and retirement villages and consumers of aged care services.

Free Call: 1800 424079

Address: Level 4/418A Elizabeth Street

SURRY HILLS NSW 2010

TRANSPORT FOR NSW

Addressing the needs of transport disadvantage by supporting funding initiatives, Co-ordination of existing resources and services and improving access to essential services.

Mobile: 0458 283 556

Megan Prowse, Area Manager

Email: Megan.Prowse@transport.nsw.gov.au

UNITING – WESTERN FAMILY REFERRAL SERVICE

Family Referral Service (FRS) provides an augmented FRS with an Aboriginal focus and offers a point of contact between families and relevant support services and community resources to assist with the safety and wellbeing of children and young people.

Operating Hours: Mon-Fri, 8am-6pm

Tel: 1300 339 016

Fax: (02) 6882 5747

Address: 213 Brisbane Street

DUBBO NSW 2830

Email: familyoptionsdubbo@uniting.org

Law and Order

ABORIGINAL LEGAL SERVICE

Tel: (02) 6882 6966
Fax: (02) 6882 0726
Address: 23-25 Carrington Ave
DUBBO NSW 2830

GILGANDRA COURT HOUSE

Tel hours: 9am-1pm & 2pm – 3.30pm M & W
Registry hours: 9am-1pm & 2pm – 3.30pm M & W
Tel: (02) 6847 2055
Fax: (02) 6847 1826
Address: 10 Myrtle Street
Postal Address: PO Box 193
GILGANDRA NSW 2827
Email: local_court_gilgandra@agd.nsw.gov.au

GILGANDRA POLICE STATION

Tel: (02) 6847 8999
Fax: (02) 6847 8911
Address: 12 Myrtle Street
GILGANDRA NSW 2827

LEGAL AID NSW

Delivering civil law advice via outreach to Gilgandra at Community Care Centre. Legal Advice on Discrimination, Centrelink Disputes, Tenancy Issues, Employment, Fines, Bankruptcy, Unfair Dismissal, Victim's Compensation, Neighbourhood Disputes.
Operating Hours: 2nd Friday of month, 9-11am
Tel: (02) 6885 4233
Fax: (02) 6885 4240
Address: 64 Talbragar Street
DUBBO NSW 2830
Email: mukesh.mahajan@legalaid.nsw.gov.au

PROBATION & PAROLE

Operating Hours: Mon
Tel: (02) 6883 5000
Fax: (02) 6884 4918
Address: Gilgandra Court House
10 Myrtle Street
GILGANDRA NSW 282
Email: gilgandra_cos@dcs.nsw.gov.au

WESTERN NSW COMMUNITY LEGAL CENTRE

Free Legal Advice for the following issues:- Child Residence & Contact, Child Support, Domestic Violence, Child Protection, Criminal Law, Employment Advice, Debt & Credit Problems, Discrimination, Centrelink Matters, Civil Law and Traffic Offences.
Tel: (02) 6884 9422
Address: 51 Bultje Street
DUBBO NSW 2830
Email: western_nsw@clc.net.au

Mental Health - Counselling

CENTACARE - INDIGENOUS DEVELOPMENT PROGRAM

Assist and support indigenous and disadvantaged people by linking and referring them to other services and departments plus assists clients with internet access.

Operating Hours: Tues & Thurs, 9am-5pm
GILGANDRA NSW 2827

Email: karyn.coona@centacarebathurst.com.au

CENTACARE WILCANNIA/FORBES FAMILY & CARER MENTAL HEALTH PROGRAM

Operating Hours: Mon to Fri 9am to 5pm
Providing support for carers of people with mental illness, education and information and refer to appropriate services such as counselling and housing.

Tel: (02) 6883 4600

Fax: (02) 6883 4699

Email: s.oldfield@centacarewf.org.au

Email: c.neilson@centacarewf.org.au

GILGANDRA MULTI PURPOSE SERVICE

(Hospital)

Operating Hours: Mon to Sun
Book for Counselling and drug and alcohol support

Tel: (02) 6880 5900

Address: Chelmsford Ave
GILGANDRA NSW 2827

INNER CONNECTION COUNSELLING

Transpersonal counselling

Mobile: 0497 840 504

Email: inner.connection@live.com.au

LIFELINE CENTRAL WEST

A 24 hour crisis telephone counselling, information and referral service available nationally that provides an immediate and confidential opportunity to discuss a problem or emergency.

Tel: 1300 798 258

MARATHON HEALTH

Access to Allied Psychological Services – Access to a mental health clinician for up to 12 sessions for health care card holders and/or those in genuine financial hardship. Mild to moderate diagnosis and referral through GP. Specific Gilgandra Programs include Mental Health for Rural and Remote Services, Aboriginal & Torres Strait Islanders Service and Child Mental Wellbeing Service

Partner in Recovery – offers co-ordinated support and flexible funding for people with severe, persistent mental illness and complex needs

Tel: (02) 6826 5271

Email: mental.health@marathonhealth.com.au

NALAG CENTRE FOR LOSS & GRIEF

Strengthens the capacity of communities and individuals to improve their well-being following Loss, Grief, Trauma, Depression and adverse life events.

Tel: (02) 6882 9222

Fax: (02) 6884 9100

Email: nalag@highway.com.au

SCHIZOPHRENIA FELLOWSHIP RESPITE SERVICES

Improving the circumstances and welfare of people living with mental illness, their relatives and carers. Respite Services support carers of family members and friends who are affected by mental illness. Program are flexible, innovative and can include education, recreation and one to one activities.

Operating Hours:

Tel: (02) 6882 4562

Mobile: 0401 138 364

UNITING (FAMILY OPTIONS)

Family options program, free counselling, relationship breakdowns, couples counselling.

Tel: (02) 6885 2353

Email: cthompson@uniting.org

**ROYAL FLYING DOCTOR SERVICE
(OUTREACH ALCOHOL AND OTHER DRUG SERVICE)**

Provides treatment and support options to Gilgandra for those wishing to seek help for their drug and alcohol and/or mental health concerns. Support people and the community through counselling and case management, support and recovery groups and attending community events delivering education around drug and alcohol use and their effects.

This program can also support families/carers that may have concerns about a person's use. Referrals can be through medical professionals, community services workers and self referrals are welcome. The RFDS team visits Gilgandra weekly on Thursdays.

Tel: 0447 610 846 (Program Manager)
Referral email: aodoutreach@rfdsse.org.au

Other government Agencies

AUSTRALIA HEARING

Tel: 13 1797

CHILD SUPPORT AGENCY

Tel: 13 1272

CRS AUSTRALIA

1800 277 277

DEPARTMENT OF PRIME MINISTER & CABINET – INDIGENOUS AFFAIRS

Tel: (02) 5252 1016

Address: Level 1/65-67 Church Street,
DUBBO NSW 2830

HOUSING NSW – FAMILY & COMMUNITY SERVICES

Tel: (02) 6885 7111

Fax: (02) 6558 7144

Address: 37-39 Carrington Avenue,
DUBBO NSW 2830

MEDICARE AUSTRALIA

Tel: 13 2011

TAFE WESTERN – GILGANDRA CAMPUS

Tel: (02) 6847 8700

Fax: (02) 6847 8760

Address: 1 Wamboin St (PO Box 48),
GILGANDRA NSW 2827

Email: patricia.henry7@tafe.nsw.edu.au (Trish Henry)

Youth Services

YALMANBIRRA BOOGIJOON DOOLIN (BALLADORAN YOUTH CAMP)

Contact: Ralph Naden
Tel: (02) 68881177
Address: 1 Mialla Road
BALLADORAN 2831

BARNARDOS - RECONNECT

Reconnect helps young people 12-18 years of age to stabilise their living situation and support connections to family, education, work, training and the community. Reconnect can provide counselling, mediation, group activities and practical support for the whole family.

Tel: (02) 5824 3074
Fax: (02) 6847 1565
Mob: 0408 696 506
Address: 32 Bundy Street
GILGANDRA NSW 2827
Email: lfairey@barnardos.org.au (Lisa Fairey)

GILGANDRA PRESBYTERIAN YOUTH GROUP

Tel: (02) 6847 9184
Contact: Ian McCutcheon

GILGANDRA YOUTH SERVICES

Tel: (02) 6817 8798
Fax: (02) 6847 0528
Mob: 0408 697 241
Address: Youth Club
Hall Street
(PO Box 23)
GILGANDRA NSW 2827
Email: gys@gilgandra.nsw.gov.au